## IMPACT AREA: Long-Term Sustainability & Shared Learning

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<th>STRATEGY DESCRIPTION</th>
<th>PROGRESS REPORT</th>
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| **HLC partners** meet quarterly to discuss shared vision, learnings, challenges and opportunities. | • HLC hosted quarterly meetings in September and November.  
  o The September meeting focused on shared learning from Community Health Worker/Community Health Advocate teams and the SW WA Community Health Advocate and Peer Support Network (SW CHAPS).  
  o The November meeting focused on creating the 2020 State Policy Agenda. | Improved communication, alignment, and action among HLC partners and community members to improve health equity. |
| **HLC staff** regularly communicate with all partners. | • HLC continues to recruit for new membership for Policy and HLC Committees.  
  • HLC was integrated into the SWACH strategic framework. More details coming soon at an upcoming quarterly meeting.  
  • We will continue to communicate our progress to partners and are currently working on a communications plan to report out on activities across HLC programs and SWACH.  
  • SWACH staff participated in a retreat, and discussed the continued integration of HLC and SWACH, including things that have gone well and areas for improvement.  
  • Be on the lookout for a partner survey! We thank you in advance for your participation and for sharing your feedback with us about how we can grow and best support community health improvement in our region. | |
| **Funders group** meets twice annually to receive progress report on shared investments and supports a shared vision. | • Seeking funding for 2020 for:  
  o CHW teams  
  o CHAPS Network  
  o Policy Committee  
  • Continued funding support from:  
  o Kaiser Permanente for evaluation supports  
  o Northwest Health Foundation Kaiser Permanente Community Fund to support identifying systems barriers that are contributing to chronic absenteeism at a Vancouver Middle School and funding to support greater community connection in SW Washington through the Healthy Beginnings + Healthy Communities initiative  
  o Foundation for Healthy Generations supporting CHW and CHAPS work  
  o AmeriGroup to support CHW professional development and evaluation  
  o Legacy for HLC Programs and Initiatives  
  • 2020 funding support from:  
  o Community Foundation for Southwest Washington to assess the need for and develop a new CHW Team | A robust pool of supportive funding that supports a long-term process of social change without identifying any particular solution in advance. |
| **Community Health Advocates and Peer Supports (CHAPS) Network** promotes professional development opportunities, advocates for | • The first-ever SW CHAPS Community-Based Workforce Expo was a tremendous success! The Expo was a time to gather diverse community-based workers and organizations, share information about employment resources, and advocate for this workforce. The Community-based workforce includes Community Health workers, Peer Specialists, Peer Counselors, Recovery Coaches, Advocates, Patient Navigators, Family | Increased community capacity of neighborhood-based and professional level peers to build community engagement, link |
workforce development related to the peer skill set; and raises awareness among local systems of care about the value that local Peer activities add to these systems.

Support Specialists, and more! This unique workforce brings lived experience, understanding of systems, and trusted relationships within the community to support health equity.

- To gather a planning committee and foster collaboration for the Expo, SW CHAPS Coordinating Committee members presented at a Rose Village CHW Team meeting, the September HLC Quarterly Meeting, a Regional Health Improvement Plan (RHIP) Council meeting, a Behavioral Health Advisory Board (BHAB) meeting, and held many planning meetings with the CHAPS Network and community partners.
- A few highlights from the SW CHAPS Community-Based Workforce Expo:
  - A planning committee of more than 20 community members organized the Expo
  - 120+ individuals attended
  - 21 partner organizations tabled during the networking portion of the program and donated approximately $1000 in door prizes
  - Partner organizations recruited community-based workers for open positions, shared information about upcoming trainings, and built connections for future collaboration
  - 3 community-based workers spoke about their journeys and experiences in the workforce
  - Expo was featured in The Columbian
  - Sponsorships from Molina Healthcare and SWACH
  - Received 53 evaluations, with very positive feedback—attendees felt connected and hopeful, and appreciated the sense of community and learning about employment opportunities

- After the Expo, the CHAPS Network debriefed and celebrated together. CHAPS also led a conversation at the CHW/Pee/Community-Based Workforce luncheon prior to the November HLC Quarterly meeting and received feedback about the Expo (very positive feedback!).
- CHAPS Coordinating Committee members attended a 4-hour training to learn about Popular Education methods and prepare to be co-facilitators in a 2020 training for CHWs, Peers, and additional Community-Based Workers in SW WA.
- The CHAPS Network hosted monthly Lunch & Learn meetings in partnership with Community Voices are Born (CVAB), NAMI SW Washington, and Planned Parenthood Columbia Willamette.
- The CHAPS Network recruited for new Coordinating Committee Members and interviewed potential candidates. CHAPS is still recruiting for additional Coordinating Committee Members!
- CHAPS Coordinating Committee members brainstormed goals for 2020 to share with the network and get feedback:
  - Workforce Development: Networking, Partnership Building, and Professional and Educational Development and Training
    - Host monthly Lunch & Learn for community-based workforce professional development and partnership building with local organizations
    - Host quarterly training/professional development/networking opportunities
    - Host annual Community-Based Workforce Expo
    - Pilot one direct service project
  - Community Advisory and Policy Advocacy
    - Advocate for organizational, local, and state policy improvement to support the workforce growth of community-based workers and issues prioritized by the community-based workforce

community resources, and improve health outcomes.
### Community Connections

**workgroup** is developing a prototype data system that aggregates data from different sectors and uses them to build comprehensive, contextually informed approaches to community health.

**Evaluation** of HLC and CHW program is completed annually.

### Community Connections

- **Network Membership, Infrastructure, and Sustainability**
  - Engage CHAPS Network members throughout the year, recruit new members, support the infrastructure of the CHAPS Network
  - Create a collection of member stories available on the website

### Year 4 Evaluation

**CHW/CHA & Organizational Interviews:** The Year 4 interview plan focuses on the relationship between CHW/CHAs and organizational partners in Rose Village. Interviewees will include CHW/CHAs, CHW/CHA coaches and leads, and key organizational stakeholders. Data collected through interviews will address three evaluation questions:

- How do organizations support CHW/CHA work?
- How do organizations supporting CHW/CHAs ensure sustainability, scale and spread of the work?
- What is the impact of CHW/CHAs working in tandem with local organizations?

CORE will analyze all interviews for cross-cutting themes.

**Capturing Lessons Learned from the ECHA project**

**ECHA Partner Interviews:** Along with the Organizational Interviews above, CORE is having a series of structured conversations with ECHA partners to learn about the successes, challenges, and lessons learned from the 3-year project. We will also be hosting conversations during two student lunch groups to learn about their project experiences and impact of the project.

HLC has actionable cross-sector information to drive learning, action, and evaluation with the appropriate community and data filters.
### IMPACT AREA: Elevation of Community Voice & Engagement

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| Community Health Worker teams meet regularly to learn, plan, and act together on community priority issues. | Rose Village Community Health Worker (CHW) Team  
- CHW team participated in the National Night Out event in the Rose Village neighborhood, to build positive community relationship between the school, neighborhood and the police department.  
- CHW team participated in the annual back to school Go Ready event to engage with students and parents to provided school supplies for middle and high school students.  
- CHWs attended the Oregon Community Health Worker Conference. CHWs participated in workshop session addressing trauma informed approaches, mental health and self-care practices.  
- CHW coaches are developing one-page recruitment flyer to recruit and on-board new CHWs to the Rose Village team.  
- CHW coaches are working in collaboration with SW Washington PeaceHealth Family Medicine to address access and identify barriers to Medicare enrollment  
- CHWs continue to provide one on one support for community members, connecting them with food resources, housing resources, and legal resources.  
- CHWs attend monthly meetings to address barrier to treatment and advocacy: Behavioral Gap, BHAB, CHAPS, County Safe Communities Task Force, MOMI  
- CHWs have provided one-on-one support: Access to food, job resources, senior housing relocation services, vocational rehab, access to veteran assistance center, support for mental health/coping skills, Medicare education and information, resources to address domestic violence, advocacy and resources assistance with homelessness, assistance with ADL assessment, VA services, employment services.  
- CHWs attended emergency preparedness training, ACES education training and Children’s Alliance Leadership in advocacy training  
- CHWs engaged in map your neighborhood online training  
- CHWs and Coach participated in a Narcan Training and received two doses of Narcan  
- The team attended and tabled at annual community events: City of Vancouver Multicultural Fair, Peace & Justice Fair, NAACP Juneteenth Celebration, Latino Community Resource Fair, Walk a Mile in Our Shoes event.  
- Fourth Plain Coalition meetings to address accessibility and engagement for Rose Village neighborhood,  
- Meetings with Vancouver Public Schools Family Community Resource Center Coordinators to discuss areas of support and collaboration to address the needs of the Rose Village neighborhood.  
- Coaches attended FMSW Access to Health meetings, Medicare information event at PeaceHealth, tabled at Discovery MS Parent Night and participated in Policy and System Change training  
- CHWs continually engaged at Washington Elementary School Food Pantry to provide additional support organizing and distribution. | Increased capacity of systems to weave health, housing, social services, education, employment, economic development, and civic participation into the fabric of three identified neighborhoods.  
Increased neighborhood opportunities in the areas of chronic disease prevention, substance-free living, safety, and social connections as determined by the community in three distinct neighborhoods.
- CHWs engaged in collecting food and clothing donations for elementary, middle & high school
- The team tabled and participated at the SW WA CHAPS Community-Based Workforce Expo to elevate community and organizational awareness of CHW workforce.

**South Kelso Health Advocate Team:**
- The Kelso team identified the needs specifically the Chuukese community, to build positive relationships with police officers and their neighborhood.
- The Kelso team is working to help Chuukese families become more part of the Kelso’s community.
- The team participated in National Night Out (August 6th) in Kelso, to help promote police-community partnerships and educate the neighborhood about the Chuuk Islands and the South Kelso Community Health Advocate team. Members of the Chuukese community donated their time to help create traditional headdresses to hand out at the event, the team sponsored the supplies.
- CHAs the team prepared to offer the Federated States of Micronesia passport renewal application, along with instructions to help the community fill them out.
- The team has been working on providing the children of South Kelso with backpacks and supplies for school.
- CHAs led and organized a clothing giveaway and handed out healthy snacks to families and kids in the community.
- CHAs prepared and coordinated with other organizations for upcoming fall events and resource needs in South Kelso.
- CHA team worked with the Wallace Elementary school leadership to start up a resource room inside the school. Where parents and students will be able to access clothing, shoes, school supplies, or community resources that are needed at the time.
- CHAs helped plan for a severe weather shelter and planned for homeless resources with the community.
- The team worked with the local PTO groups to share their knowledge on community resources that are easily accessible in south Kelso area; such as, cold weather shelters, food opportunities, clothing possibilities and help with finding housing.
- The team worked very closely with our Chuukese families to find healthcare, childcare, housing and employment because of the language barrier.
- CHAs worked with Wallace Elementary School to implement a walking school bus for the Wallace area. The team has reached out to the principal, began creating an implementation plan. The goal is to have a Walking School Bus by early spring.
- The Team worked very hard to assist and provide volunteer work for the severe weather shelter in Kelso.
- CHAs worked with the Youth and Family Link Outreach Program to assist the South Kelso Families in need. -The team is also continuing to support the Neighborhood resource center to provide clothing and food to Kelso families weekly.
- CHAs assisted at a local community house to provide food and services for 2 dinners during the month.
- CHAs are coordinating a spring Chuukese Family night for all Kelso Chuukese families to attend and share information about their culture and community differences.
### Wahkiakum County Youth Community Health Advocates (CHAs):

- CHAs completed the anti-bullying campaign decorated the school bathrooms with inspiration and motivational quotes.
- CHAs scheduled and completed a trauma approach training.
- CHAs explored ideas how to tackle vaping/marijuana in teens, bullying and sex ed in the best and most comfortable ways for themselves and their peers.
- CHAs researched information and attended training regarding vaping hazards and education.
- The CHA team started on the FLASH curriculum to prevent teen pregnancy, STDs and sexual violence.
- The CHA team met with the new school prevention teacher to discuss collaboration with her around vaping and any other issues impacting the students.
- The team participated in ACES/Resiliency trainings.
- CHAs worked on ideas for a social media presence with the local prevention group.
- CHAs helped with immunization clinic for flu, HPV and meningococcal vaccines at the high school and in the community.
- The local Domestic Violence shelter came and spoke with the team about teen dating violence and options.

### Health equity is being integrated into all of our collective work.

- SWACH Equity Collaborative continues to meet. At this point, all participating SWACH partners have completed an organizational equity assessment and have transitioned to implementing equity in structural ways.
- All 13 Equity Collaborative participants have committed to continuing the Equity Collaborative work through 2020.
- SWACH staff has adopted “equity” as one of our five key values; staff is currently working on how to embed equity in our regular practices.
- An equity training originally scheduled in Klickitat County in the fall needed to be rescheduled and will now take place in spring 2020.
- Continuing to work with partners to create a pilot program to support organizations transitioning from isolated equity trainings to a more substantial equity and inclusion education and implementation.

Increase the adoption of a health equity lens and community feedback process into HLC partner policies and systems.

Support a collaborative approach among partner organizations and communities to advance health equity across the region.
## IMPACT AREA: Policy change at the Local, State and Federal levels

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| **Policy Committee prioritizes policy issues** in partnership with collaborative and community members. | • In August, Policy Committee met in Longview. Caleb Luther and the Emergency Support Services Center graciously hosted and shared about their work.  
• Policy Committee welcomed one new member.  
• Policy Committee tracked implementation of legislation passed in the 2019 session.  
• Hosted Medicaid Transformation Project Evaluators and shared perspectives about SWACH’s work to support Medicaid Transformation in our region.  
• White Salmon Valley School District Shared Learning Visit. Ten members of HLC Committee and HLC Policy Committee traveled to White Salmon Valley School District for an incredible shared learning visit. We learned about the new district Health & Wellness Center, where students can receive clinical behavioral health services. In the future, the Health & Wellness will expand to also provide primary care medical services. We listened to five student leaders who are a part of the peer-to-peer support program Sources of Strength and were inspired by their work to reduce stigma about behavioral health in their community, connect students to resources, and mentor younger students. We also discussed policy priorities for families in White Salmon, including the need for more access to behavioral health services and affordable housing. We are very grateful for the hospitality and wisdom our partners from the White Salmon Valley School District shared with us!  
• Over the summer and fall, Policy Committee members and SWACH staff met with legislators to hear their priorities and share about the priorities and work of Policy Committee. We met with Rep. Harris, Rep. Hoff, Rep. Vick, Rep. Stonier, and Rep. Wylie in Vancouver. We met with Senator Takko and Rep. Blake in Longview. We invited additional legislators to meet with us, but they were not available.  
• Policy Committee members and the co-chairs of the Clark County Opioid Task Force participated in a Policy & Systems Change Training facilitated by Vic Coleman from Uncommon Solutions. During this training, Policy Committee members reflected on the many strategies to influence and improve public policy. In addition, Policy Committee members reflected on the stages of coalition engagement and the growth opportunity for Policy Committee to move from influencing policy change to leading policy change.  
• Policy Committee spent months developing its 2020 state legislative agenda. Policy Committee collated a list of other groups with similar priorities and values and reviewed their policy agendas. Policy Committee members gathered priorities from various stakeholders and brought these priorities to the fall HLC Quarterly Meeting. At this Quarterly Meeting, Policy Committee members led three breakout sessions to share about priorities gathered, hear additional priorities, and create space for participants to vote for their top priorities. The breakout sessions were framed around Affordable Housing and Homelessness, Access to Behavioral Health Care, and Children and Youth. Based on the community input from the Quarterly Meeting, Policy Committee finalized the agenda and it was approved by the SWACH Board of Trustees. | Improve the health of all people by incorporating health considerations into decision-making across sectors and policy areas that prevent and mitigate chronic disease and poverty.  
Increase the adoption of a health equity lens and community feedback process into HLC partner policies and systems by end of 2019. |
HLC continues to be a member of the Prevention Alliance and staff participated in the annual meeting to approve the Prevention Alliance 2020 legislative platform.

Policy Committee has confirmed Rep. Stonier, Rep. Harris, and Sen. Cleveland will cohost its February 3, 2020 legislative luncheon in Olympia. Policy Committee continues to plan for the luncheon, including inviting legislators and community stakeholders to attend the luncheon.

Policy Committee is working to revise its charter in the first quarter of 2020.

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### IMPACT AREA: Improved Health Outcomes Through Organizational & Community Engagement & Partnerships

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<td><strong>Workforce Development, Equity, and Policy and Systems Change:</strong> Work with partners to implement a pilot project with Education Community Health Advocates (ECHAs) addressing policy and systems barriers to school attendance at McLoughlin Middle School. This work is completed in partnership with the McLoughlin Middle School and Vancouver Housing Authority.</td>
<td>The Education Community Health Advocate (ECHA) project started three years ago with four SW Washington partners coming together to address chronic absenteeism at a local middle school. HLC, Vancouver Public Schools, Vancouver Housing Authority, and the Free Clinic of SW Washington received funding by Kaiser Permanente Community Fund to deploy two community health advocates (ECHAs) in McLoughlin Middle School to engage with students and create a bridge between schools and housing sectors to better serve students and their families, change policies, systems, and environments to help students who face systemic barriers to educational achievement succeed in school, increase school engagement and provide critical insight and recommendations to systems about to support school attendance and educational achievement. The project funding ended in December 2019. During the 3-year grant HLC, VPS, Providence CORE, Council for the Homeless and VHA were committed to this project and have collectively leveraged resources and staff time to make this project happen. Providence CORE supported the project by providing technical and analytical assistance in the design and build of data collection tools for CHWs so that we can capture data related to project objectives including feedback from focus groups and key activities and learnings during the process as they support families and identify barriers and solutions to success. The ECHA initiative shed light on how education and health are impacted by many diverse factors and reinforces the notion that collaboration is key for educational and health equity. Over the 3 year ECHA initiative the most common cited root causes of chronic absenteeism from students and staff were identified: Depression/Anxiety, Bullying, and Too much stress/pressure. ECHAs created a safe and support environment to empower student voice and provide agency for students. Over the 3 year project ECHA worked with 150 students influence student attitudes and behaviors towards school attendance. Providence Core performed a series of structured conversations with ECHA partners to learn about the successes, challenges, and lessons learned from the 3-year project. CORE and ECHAs hosted conversations during two student lunch groups to learn about their project experiences and impact of the project.</td>
<td>All children are supported to academically achieve.</td>
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- Thank you to our funders Kaiser Permanente and NWHF with your support ECHAs influence student’s behaviors towards school attendance and influences policies to address barriers to school attendance
- Thank you for our grant partners: Vancouver Public Schools, Vancouver Housing Authority, Free Clinic of SW Washington and community partners for your support.