

Southwest Washington Behavioral Health Advisory Board (BHAB)

Agenda November 29, 2016 4:00-6:00pm

Camas Public Library 625 NE 4th Ave, Camas, WA 98607, 2nd floor Meeting Room

Members Present:

Dominique Horn, Kathy McNicholas, Charles Mitchell,
Mattie Neal, Marcia Roi, Shari Dolan, Rebecca Anderson,
Cyndi Smith, Kay Roberson

Net Meeting: Dec 20 4-6pm

Contributors: Kachina Inman (HLC), Daniel Smith (Beacon), Evan Lemke (HLC), Dr. Mary Engrav (Molina HealthCare)

Time	Topic	Discussion Leader	Outcome Desired/Outcome Achieved
4:00-4:20	Introductions and Ice Breaker <ul style="list-style-type: none">Everyone did a brief introduction	Kachina	Get to know one another better
4:20-4:50	Discuss Meeting Ground Rules and possible Future Code of Conduct	Kachina	Tasks for HLC staff: <ul style="list-style-type: none">-Binders for members-Name cards-Develop Acronym list-Distribute meeting minutes and agendas on time Potential: Ground Rules <ul style="list-style-type: none">• Time: Hear and Respond (Processing time)• Explain or do not use Acronyms• No cross talk• No interruptions• Make sure the person is finished with the thought, allow space for the person to end thought• Everything we say here is not negative, to ensure thoughtful

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			<p>approaches</p> <ul style="list-style-type: none"> • This is a public meeting and all things will be shared publicly, to be mindful of this. • Seeking Unity • Speaking honestly • Distribute Agenda and Minutes on time • Time structure: Please leave when needed, time may run long. • No important decisions will be made after the announced time the meeting will end
4:50-5:10	<p>Role and Commitment of the BHAB</p> <ul style="list-style-type: none"> • Discuss timelines • Role of Regional Health Alliance: Accountable Community Health is a cross sector group. They support integration efforts, bring sectors and leaders together to support whole person health. Contracted BHAB facilitation and development of Community Advisory Board to the Healthy Living Collaborative (HLC) • Major role of the BHAB to advise the Beacon on the Mental Health and Substance Abuse Block grant plan • Role of Beacon: BHAO, administer dollars via the health care authority, Care management team working with individuals without insurance, local office Vancouver, based out of Boston regional support out of California, contract is with the health care authority • Clarification that Daniel and Kachina are not voting members • Managed care organization (MCOs) to try and integrate both medical and behavioral health needs, this is the first area to work towards making sure all aspects of health are being addressed. MCOs will not be voting 	Kachina and Daniel	<p>Understand Role and Commitment of the BHAB</p> <ul style="list-style-type: none"> • The role of this group is to advise the substance abuse and block grant, give sound voice to the needs of the community • A request was made to see the current block grant plan so members may be able to review it and share the Request for information from Beacon – Daniel Passed this out at the meeting, we will also attempt to email a copy out.

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	<p>members.</p> <ul style="list-style-type: none"> • Other regions are currently separate (Medical and behavioral health), SW Washington is an early adopter of Integration. • HLC: Community cross sector collaborative. We serve Clark, Skamania, Wahkiakum, and Cowlitz county. We have a strong emphasis on policy change. We have a connection to the voices of the community and cross sector portions. Our function is to provide functional support, policy, and to create a larger movement towards an understanding of Community Health. <p>Discussion of community landscape:</p> <ul style="list-style-type: none"> • Several new beds are being brought into the community due to the need, Bonneville hot springs will not be included as they are a private insurance • The lack of access has been a serious issue • Try to change the dialog about needing to lock them in at the treatment facility, it's not because they are criminals it's because they are minors. Ensure we are careful about how we use our words around this we do not want to be held liable for anyone who does leave the premises 		
5:10-5:40	<p>Discuss Possible Governance Structure</p> <ul style="list-style-type: none"> • Discuss possible gaps in membership • We are doing follow up with WAC • The Advisory Board shall be composed of not less than nine (9) and not more than fifteen (15) members. • Shari Dolan: Can get more members from Skamania county • Organizations who are directly involved with or receiving anything from the block grant should not be on board • All members are held to a strict standard to join the • It was clarified over 51% of the board are consumers • There is not a lot of young people on the board (Janus youth). It could get over whelming for them. And hard to make meetings consistently. There is no age range we need to adhere to. 	Kachina	<ul style="list-style-type: none"> • Decide on loose governance structure • No more than 15-19 members • Currently only 6-month commitment with possible continuation • Can't reimburse for time but we can for travel • A quorum shall consist of fifty (50) percent plus one (1) of the active members of the Board and a quorum shall be required to transact business at any regular or special meeting.

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	<ul style="list-style-type: none"> • Seeking advisement from Kathy McNicholas on how do we go to community and get involvement, how do we reach them • Possibly brining on the Educational Service District • Some discussion about years in recovery but people also discussed how individual this processes is and how difficult it is to set limits. • A review of the responsibilities of <u>each</u> Board member are as follows • Is it possible to send in their vote via electronically? • Is it possible to have phone participation (could pose issues) • Consider revising the quorum, you could have a tabling revision to assist this policy • Will make every effort to seek consensus on all decisions, but if necessary, decisions, will be made by a simple majority. Language will be drafted and reviewed, and voted on for the next meeting • There is a chair and a vice chair for the meeting, recommendations shall be made at the next meeting, please let Kachina know if you want to put a name or yourself in • Include Language on Member at Large Cindy will send langue on this 		<ul style="list-style-type: none"> • Regular meetings shall be held once each month, a minimum of nine (9) months per year. Place and time of such meetings will be established by the Advisory Board and the public so informed. • Special meetings may be called at the request of the Chair, or at the request of at least half of the Board's membership. • More than three (3) consecutive unexcused absences from meetings shall cause the Board to recommend to the RHA Board of Trustees that a member be removed from the Board. • Add additional language to vote electronically and to phone in their presence • Will make every effort to seek consensus on all decisions, but if necessary, decisions, will be made by a simple majority.
5:40-5:50	<p>Discuss next steps and future meeting time and location</p> <ul style="list-style-type: none"> • Follow up with a Doodle pole • Possible to meet at Clark College • December 13 or 19 or 20 is a possible date for the next meeting 	Kachina	<p>Decide on next meeting time and location</p> <ul style="list-style-type: none"> • Dec. 13th or 20th from 2pm-6pm • Will Switch between Camas and Vancouver for meeting location

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	<ul style="list-style-type: none">• Do not go past 7pm for time, evening does work• Back and forth between Camas and Vancouver		
5:50-6:00	Evaluation – One thing that worked and one area of improvement <ul style="list-style-type: none">• Warmer room• Minutes and agenda out early• Time will allow for a groove• Put the tables closer together• Bring Coffee or a warm drink• Binder put together for all members	Kachina	Provide feedback on how to improve meeting